

ENGLISH DISHES Served with chips and salad

Cod	£6.95
Barbecued Chicken	£7.50
Omelette (Any topping)	£6.95
Chips	£2.50
Masala Chips (Spicy chips with chicken tikka)	£3.95

VEGETARIAN MAIN DISHES

Vegetable Curry	£5.75
Vegetable Bhuna	£5.75
Vegetable Korma	£5.75
Vegetable Dansak (Served with pilau rice)	£5.75
Vegetable Rogon	£5.75
Aloo Gobi	£5.75

VEGETABLE SIDE DISHES

Vegetable Curry	£3.30
Malai Korma (Mild mix veg)	£3.30
Aloo Dom (Potato with chunks of onion)	£3.30
Cauliflower Bhajee	£3.30
Bhindi Bhajee (Okra)	£3.30
Sag Bhajee (Spinach)	£3.30
Matter Paneer (Cheese & peas)	£3.30
Chana Mossala (Chick peas)	£3.30
Onion Bhajee	£3.30
Vegetable Bhajee	£3.30
Bombay Aloo	£3.30
Mushroom Bhajee	£3.30
Aloo Gobi	£3.30
Brinjal Bhajee (Aubergine)	£3.30
Sag Aloo (Spinach and potato)	£3.30
Sag Paneer (Spinach and cheese)	£3.45
Dal Tarka (Lentils with garlic)	£3.30

RICE

Plain Rice	£2.85
Pilao Rice	£2.85
Mushroom Rice	£2.85
Coconut Rice	£2.85
Vegetable Rice	£2.85
Onion Fried Rice	£2.85
Oriental Rice	£2.85
Special Rice (with egg & peas)	£2.85
Keema Rice (with mince meat)	£2.85
Lemon Rice	£2.85

BREAD

Nan	£2.75
Garlic Nan	£2.95
Keema Nan With mince meat	£2.95
Peshwari Nan (sweet)	£2.95
Chilli & Coriander Nan	£2.95
Cheese & Onion Nan	£2.95
Vegetable Nan	£2.95
Paratha	£3.50
Chapati	£2.50
Puree	£2.50
Tandoori Roti	£2.75

SUNDRIES

Papadum (plain/spicy)	£0.70
Mixed Raitha	£1.25
Chutney / Pickle	£0.60
Mint Sauce	£0.60

SOFT DRINKS

Coke / Diet Coke / Lemonade (bottle) 1.5 ltr.	£3.75
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SET MEALS

Set Meal for One	£12.95
1 Papadum , Chicken Tikka Mossala, Sag Aloo, Pilao Rice, Onion Bhajee, Nan	
Set Meal for Two	£23.95
2 Papadum, Chicken Tikka & Meat Somosa, Chicken Tikka Mossala, Balti Chicken, Bombay Aloo, Nan, 2 Special Rice	
Weekdays Takeaway Special	£24.95
Choose any: 2 Starter, 2 Main Course, 2 Side Dishes, 2 Rice, 2 Breads, From the menu Monday, Tuesday & Wednesday only. Delivery £1.00 extra Monday, Wednesday & Tuesday. Any Seafood Extra £2	
Sunday Special 5 Course Meal	(per person) £9.95
Anything from the menu (Any Starter, Any Main Course, Any Side Dish, Any Rice, Any Nan) (Dine in only) Please note: Seafood £2 extra	

MONDAY SPECIAL
BUY ONE GET SECOND 1/2 PRICE
Dine in Only



Open Everyday
Monday to Thursday: 5pm - 11pm
Friday & Saturday: 5.00pm - 11pm
Sunday: 5.00pm - 10.30pm

OUTSIDE PARTIES CATERED FOR

We accept all major credit cards. We do not accept cheques.

Est Since 1976

Quality as good today as it always been

Finest Indian Cuisine & Takeaway
Fully Licensed & Air Conditioned



FREE
HOME DELIVERY

On order over £15.00
Delivery charge £1.50 for order under £15

Areas Covered:
Fryerns, Vange, Felmore, Kingswood, Pitsea, Langdon Hills, Steple View, Noak Bridge, Lee Chapel, North & South, Laindon

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www.mintoo.co.uk
94 Whitmore Way, Basildon Essex SS14 3JT

Welcome to Mintoo's

At Mintoo's we are passionate about great food. We bring you the exquisite taste of Asia, perfected through years of experience, made using the freshest authentic ingredients. Balancing the perfect blend of spices with traditional and creative techniques, we oer you the very best in Indian cuisine. Our highly skilled chefs only use minimum amount of salt and sugar when cooking dishes. All chicken used are high quality breast pieces only. All our dishes cooked using cholesterol free oil.

Thank you very much for your continious support

STARTERS

Onion Bhajee	£3.60
Chicken Tikka	£3.60
Lamb Tikka	£3.60
Tandoori Chicken	£3.60
King Prawn Butterfly	£4.85
King Prawn Puree	£4.85
Sheek Kebab	£5.30
Reshmi Kebab (with egg)	£3.60
Kebab Puree (Sheek kebab in a leavened bread)	£3.60
Bengal Roast Chicken	£3.60
Tandoori King Prawn	£3.60
Fish Tikka	£4.85
Prawn Cocktail	£4.85
Prawn Puree	£4.30
Spring Roll	£4.30
Garlic Mushroom	£3.60
Somosa (meat or veg)	£3.60
Aloo Chat (Slice potato with spices hot and sour)	£3.60
Chicken Chat Puree	£4.30
Slice chicken tikka, capsicum, spicy hot and sour	
Salmon Tikka	£5.30
Assorted Platter For 2 £6.95 / For 4 £14.50	
(Chicken tikka, meat samosa, sheek kebab, onion bhaji, battered king prawn)	

TANDOORI SPECIALITIES

Chicken Tikka	£6.95
Lamb Tikka	£6.95
Chicken / Lamb Shaslick	£8.50
Duck Shaslick	£9.95
Tandoori Mixed Grill (with nan)	£9.95
Tandoori Chicken (2 pieces with bone)	£6.95
Sheek Kebab	£6.95
Bengal Roast Chicken	£7.50
Chicken Tikka Wrap Delight	£4.95

Allergen Information

If you suffer from a food allergy or intolerance, please let us know before you place your order. Please ask our staff if you require any assistance or guidance with our menu.

CHEF'S RECOMMENDATIONS

Chicken Tikka Mossala	£7.95
Lamb Tikka Mossala	£7.95
Diced tender chicken or lamb barbecued and mild spices with cashew nuts, cream & butter	
Chicken or Lamb Pasanda	£7.95
Marinated chicken or lamb simmered in fresh cream, almond, coconut and mild spices	
Korai Chicken / Lamb Tikka	£7.95
(Medium) Diced tender barbecued chicken or lamb with fresh spices, green pepper in thick sauce	
Chicken / Lamb Tikka Jalfrezi	£7.95
(Hot) Diced tender barbecued chicken / lamb with special fresh green herbs & spices in a thick sauce	
Lamb Chop Bhuna	£10.95
Lamb chop marinated and barbecued, with fresh coriander and spicy thick sauce	
Chicken Aloo Poneer	£7.95
Chicken, potato & cheese in medium spices & herbs	
Mintoo Lamb	£7.95
Marinated chicken or lamb simmered in fresh orange juice, almond, coconut & cream. Mild dish	

SEAFOOD DISHES

Tandoori King Prawn	£11.25
Salmon Shaslick	£10.95
Fish Bhuna	£10.95
Garlic King Prawn	£10.95
Tandoori King Prawn Mossala	£11.50
Barbecued king prawn cooked in mild spices with cashew nuts, cream and butter	
Korai King Prawn	£11.50
Mussel & King Prawn Bhuna	£11.50

MINTOO'S EXCLUSIVE

Chicken Makhani	£7.95
Lamb Makhani	£7.95
Chicken Mushroom Korai	£7.95
Lamb Mushroom Korai	£7.95
Chicken / Lamb Rezalla	£7.95
Khana Akbori	£7.95
Chicken Tikka Achari	£7.95
Butter Chicken	£7.95
Duck Korai	£9.50

GARLIC DISHES

Chicken Tikka	£7.95
Lamb Tikka	£7.95
Duck Tikka	£9.50
Balti Garlic Chicken Tikka Bhuna	£8.50
Balti Garlic Duck Bhuna	£.95
Garlic Chilli Chicken /Lamb	£7.95
with ginger, green chillies & capsicum	

BALTI (All Balti dishes served with nan bread)

Balti Chicken or Lamb	£8.50
Balti Chicken Tikka Bhuna	£8.50
Balti King Prawn (with potato)	£11.25
Balti Chillli Tikka Mossala	£8.50
Balti Chicken Dosti (with chick peas & potato)	£8.50

CURRIES

	Medium	Madras	Vindaloo
Chicken	£6.00	£6.00	£6.00
Lamb	£6.25	£6.25	£6.25
Prawn	£6.45	£6.45	£6.45
King Prawn	£9.45	£9.45	£9.45
Chicken Tikka	£6.50	£6.50	£6.50
Chicken Bombay	£6.25	£6.25	£6.25

	Bhuna	Dupiaza	Rogon
Chicken	£6.75	£6.75	£6.75
Lamb	£6.75	£6.75	£6.75
Prawn	£6.75	£6.75	£6.75
King Prawn	£8.45	£8.45	£8.45
Chicken Tikka	£6.75	£6.75	£6.75

KORMA

Selected mild spices with fresh coconut and cashew nuts, blended to produce a mild aromatic sauce			
Chicken			£7.50
Lamb			£7.50
Prawn			£7.95
King Prawn			£10.95
Chicken Tikka			£7.95

DANSAK/ PATHIA Sweet & sour with pilau rice

Chicken	£7.95
Lamb	£8.10
Prawn	£8.95
King Prawn	£9.95
Chicken Tikka	£8.50

SAG (spinach)

Chicken	£7.50
Lamb	£7.50
Prawn	£7.95
King Prawn	£9.95

BIRIANY Served with vegetable curry

Chicken	£7.95
Lamb	£7.95
Prawn	£8.95
King Prawn	£10.95
Chicken or Lamb Tikka	£8.95
Mintoo's Special	£9.95
Vegetable	£6.50
Chicken & Mushroom	£7.95
Sultan Special (Chicken tikka with mince meat & green chillies)	£9.95

CHOW MEIN DISHES

Plain Chow Mein	£5.00
Sliced Mushroom Chow Mein	£5.60
Shredded Chicken Chow Mein	£6.30
Mince Meat Chow Mein	£7.30
Shrimp Chow Mein	£7.30
King Prawn Chow Mein	£10.50
Vegetable Chow Mein	£6.00